



**Dermal Ulcer Prevention and Treatment CE Program For Nurses  
Sample Outline**

<b>CONTENT OUTLINE</b>	
<b>A. BASIC ANATOMY &amp; PHYSIOLOGY OF THE SKIN</b>	<ul style="list-style-type: none"> <li>a. Layers of the Skin</li> <li>b. Structure and function of the skin</li> <li>c. Age-related changes</li> </ul>
<b>B. WOUND CLASSIFICATIONS</b>	<ul style="list-style-type: none"> <li>a. Surgical</li> <li>b. Mechanical Injury and Trauma</li> <li>c. Chemical/Radiation</li> <li>d. Incontinence related wounds and denudation</li> <li>e. Lower Leg ulcers</li> <li>f. Pressure Ulcers</li> </ul>
<b>C. BREAKDOWN PREVENTION</b>	<ul style="list-style-type: none"> <li>a. Conditioning</li> <li>b. Protection</li> <li>c. Mechanical Injury</li> <li>d. Offloading and Pressure Reduction</li> <li>e. Involving an Interdisciplinary Team</li> </ul>
<b>D. RISK ASSESSMENT TOOLS: THE SCIENCE &amp; THE SCORING</b>	<ul style="list-style-type: none"> <li>a. Predisposing factors</li> <li>b. Risk Assessment Categories</li> <li>c. Identifying patients at risk for pressure ulcer development</li> </ul>
<b>E. WOUND ASSESSMENT</b>	<ul style="list-style-type: none"> <li>a. Wound Measurement</li> <li>b. Wound Bed Assessment criteria</li> </ul>
<b>F. WOUND DOCUMENTATION</b>	<ul style="list-style-type: none"> <li>a. Key Elements</li> <li>b. Photo Documentation</li> </ul>
<b>G. TOPICAL WOUND THERAPY</b>	<ul style="list-style-type: none"> <li>a. Advanced Wound Care: Dressing Categories</li> <li>b. Assessment-based Selection of Topical Therapy ("The 6 Rights of Topical Therapy")</li> <li>c. Debridement</li> <li>d. Adjunctive Therapies</li> <li>e. Cytotoxic medications</li> </ul>
<b>H. POST TEST</b>	
<b>I. PROGRAM EVALUATION AND AWARDING OF CERTIFICATES OF COMPLETION</b>	



2055 Luna Road #126  
 Carrollton, TX 75006  
 800-633-8872  
[www.elta.net](http://www.elta.net)